



MOOD: 😊 groggy

MUSIC: Tom Waits - Hoist that Rag




Chaz

 [cvillette](#)

<https://cvillette.livejournal.com/2008-05-02> 13:23:00

I need a little verticality in my life today,

 [trollcatz](#) (<https://trollcatz.livejournal.com/>). What do you say? (

 [Ometotchtli](#) (<https://Ometotchtli.livejournal.com/>) is making me go to the range with her first, but there could be climbing things after the shooting things ends. Or you could come shoot things too.)



### Three things!

1) Okay, O., She Wants Revenge = yes. It's like the Eighties rose up from the grave and came looking

### Experimental Whole Wheat Green Chile Robot Bread #1

Yes, baking with your hands is more fun. And the results have a better texture, and taste better.

### [locked] Dream Journal

All right, unconscious mind. We're coming to an accommodation. If the dreams are you cleaning

14 comments




 [desultorie](#)

[May 2 2008, 18:38:02 UTC](#) [COLLAPSE](#)

Oh! I just posted that song! We use it for tango & blues. :)



 [trollcatz](#)

[May 2 2008, 18:38:41 UTC](#) [COLLAPSE](#)

I am pro-wall.

So what are you shooting?



 [cvillette](#)

[May 2 2008, 18:54:18 UTC](#) Edited: [May 2 2008, 18:57:37 UTC](#) [COLLAPSE](#)

The SIG P229. So far, so much better than the Glock.

For one thing, it doesn't tend to hit me in the face with the ejected case.

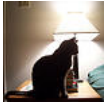


 [Ometotchtli](#)



May 2 2008, 19:47:26 UTC    COLLAPSE

I don't think the weight will bother you too much, either. Climber's shoulders make for nice extended-arm stability, yah?



[txanne](#)

May 2 2008, 21:32:10 UTC    COLLAPSE

Hey, Chaz, lookit: <http://community.livejournal.com/breadmaking/profile>



[cvillette](#)

May 2 2008, 21:33:45 UTC    COLLAPSE

Hey, neat!

### Me and my friends...

[mearn4d10](#)

May 3 2008, 19:04:57 UTC    COLLAPSE

...are taking the first step into taking verticalness into our lives here at about 3 local. Wish us luck!



Re: Me and my friends...

[cvillette](#)

May 3 2008, 19:08:08 UTC    COLLAPSE

Luck!



Re: Me and my friends...

[mearn4d10](#)

May 3 2008, 23:09:39 UTC    COLLAPSE

I have Climbed my First Wall, and it was AWESOME. Verticality FTW.

The second wall (the English Wall, or otherwise known as the AGGGH Wall until I take it), however, kicked my ass.

Bouldering was had as well, which was pretty sweet. Nice little setup there at Wall-Nut Creek Climbing Gym. I'm so going back...sometime after I re-attach the noodles that were formerly known as my arms.



Re: Me and my friends...

[cvillette](#)


May 3 2008, 23:15:38 UTC    COLLAPSE

Cool!

Allow me to teach you your first piece of climbing slang. "Until I send it."

There! Now you sound like a pro.

**Re: Me and my friends...**

 **mearn4d10**

**May 4 2008, 01:07:00 UTC**    **COLLAPSE**

Oh, I'm so upping my arm/upper body workout once I can lift them over my shoulders again. THAT was what killed me. Haven't felt this much burn in my arms since I left MCRD San Diego...



**Re: Me and my friends...**


 **cvillette**

**May 4 2008, 01:11:50 UTC**    **COLLAPSE**

Don't worry. The climbing will take care of that.

it'll improve your pullups, too.

**Re: Me and my friends...**

 **mearn4d10**

**May 4 2008, 01:15:23 UTC**    **COLLAPSE**

Yes, but I think I need to work on the disparity between the leg strength and the grip strength...though I'm sure climbing will take care of that too!



**Re: Me and my friends...**

 **cvillette**

**May 4 2008, 01:19:25 UTC**    **COLLAPSE**

More effectively than anything you would do at the gym, probably.

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